Pre-Writing
Reflection Sheet

This important pre-writing exercise will help you formulate thoughts for your essay. Please answer the following on a separate sheet of paper.

After reading at least two of the stories of rescue in Step 1: Contextual Research, respond in complete sentences to the following questions.

Write your own definition of moral courage.

Given the testimonials and stories you have just read, what aspects of their stories are inspirations to you? Why?

In what ways might you make a difference in your community and how can you apply the lessons from the readings?